

Words from Wilmot



Volume 23 Issue 2

Rev. Ellen Bearisto



“Children, youth and pastoral care”

What a great job description – to experience the energy of the children, the laughter of the youth and the wisdom of the seniors is indeed a blessing. Over the coming months, I hope to be able to connect with many in Wilmot of all ages and through these connections add a little to the already incredible ministry that I witness here. I am presently working on our Sunday School Programming and have made some informal contacts with our youth. In the coming weeks, plans will begin to unfold for a variety of events for both of these age groups. As well as getting to know the children and youth, I have also met many more through hospital visits and visits to homes and Manors.

My interest and commitment to people of all ages has evolved over a lifetime. I grew up in Wilmot church attending Mission Band, Sunday School, Explorers, CGIT as well as a Youth Group. After graduation from UNB, I taught school here in Fredericton as well as in Quebec and Germany. Teaching school was extremely rewarding but in 1994, I felt called to ministry and so entered the discernment process and went on to study for my MDiv at Emmanuel College in Toronto. I was

Fall Worship Schedule

September 30, 3:30: Pet Blessing at Odell Park with eight United Churches

October 7: Thanksgiving Sunday and Worldwide Communion Sunday (communion by intinction)

October 21: Open House with Big Brothers and Big Sisters, with reception following worship

November 11: Remembrance Day

November 24: Sounds of the Seasons (See included article.)

Soup Lunch dates:

Warm the body and soul with soup prepared by the Outreach Committee.

Proceeds support Outreach projects but soup is for all – can't pay this time? Make a donation next time.

Sundays – Sept. 30, Oct. 28, Nov. 25

fortunate to be able to do my Internship in 100 Mile House, BC with a very nurturing and faith-filled community. After my ordination in 1999, I was settled in McAdam, NB with a cross border shared ministry. What wonderful people! After 12 ½ years, I decided to return to Fredericton and accepted the position here at Wilmot.

It is exciting to be ‘home’ and as I continue to expand my ministries, I want to connect with more of you – over a coffee, at church, at home or wherever. I want to listen and to reflect especially with the children and youth on how we can work together as a church community.

© Rev. Ellen Bearisto

September, 2012

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Words from Wilmot

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The Little Project That Could

Wilmot Hosts Access to Justice Working Project

Two members of Wilmot's Outreach Committee who are also members of Woolastook Presbytery's Church in Action Committee, Gail Wylie and Norman Laverty, have been steadfastly working on behalf of those who find themselves caught in the complicated, multi-faceted, and often scary procedures around family and civil law issues. Many of us believe that the judicial system provides for those who require legal aid, but New Brunswick has the dubious distinction of expending the lowest legal aid dollars in the country. Federal legal aid dollar-matching with provincial funds is directed toward criminal cases rather than the civil law component, leaving vulnerable clients of family matters, social assistance appeals and employment insurance disputes not knowing where to turn.

Many of us at Wilmot are aware that a Legal Advice Clinic, dating from the ministry of Rev. Brian Perkins-McIntosh in the 1990's, has been held bi-monthly at Wilmot United Church, relying on pro bono work by several members of the New Brunswick Law Society, willing students from the UNB Law School and until recently, Wilmot volunteers provided reception duties for those seeking help. This has been the one and only Legal Advice Clinic in the province and it has now expanded to accommodate a North Side location. It provides valuable and timely advice only, which does not include legal representation or accompaniment to court.

Meanwhile, Norman and Gail are tackling this problem from another direction by working through a Coalition for Access to Justice, with the support of Woolastook Presbytery and Maritime Conference Church in Society

Committees plus an ever increasing number of professional and not-for-profit organizations. In August 2011 members of the Coalition from around the province were able to meet with New Brunswick Justice Minister Blais to present a brief, led by Norman Laverty in both official languages. They outlined the need for increased Legal Aid services for civil cases, pro bono services by lawyers and the assistance of trained volunteers to help those without financial means to retain a lawyer. They also encouraged the implementation of processes that simplify and expedite judicial rulings in Family Court in a timely manner.

It has been exciting for Gail and Norman to work with two St. Thomas University Master of Social Work students through the university's community development placement program during the 2011/12 university year. Through the students' research into legal challenges faced by ordinary people without resources and their contact with local community organizations they uncovered just how entangled and complex health, housing and family crisis issues have become within our judicial system. "Access to Justice needs to be broadly defined," Justice Thomas Crowell of the Supreme Court of Canada told UNB Law School students in October 2011. "It's not just about getting into court." It is a total societal package that will take a lot of careful and thoughtful unwrapping, and that unwrapping is exactly what the Coalition is trying to do.

"The Little Project That Could" moved on to launch a Public Forum held in February 2012 at Wilmot United Church, where over 100 participants from all parts of New Brunswick attended. It featured 14 Information Exhibits by organizations; four Workshops on Restorative Justice, Access to Social Benefits, Access to Family Law, and Access to Interdisciplinary Law; a keynote speaker Donna Francey from Dalhousie Law School's Legal Aid Clinic; and much beneficial networking between participants.

The work of recruiting, advertising and logistical arrangements was in the capable hands of Gail and her working committee, with Wilmot Staff members Marlene and Randy and our UCW group supporting them.

This fall the working committee continues its research, advocacy, networking with stakeholders and ongoing consultation with government to make a difference in the lives of those who do not know where to turn when they seek justice for themselves and their families. Wilmot continues to give this unique and worthy movement a home.

☺ Submitted by Lucille Caseley with files from Maritime Conference United Church of Canada and interviews with Norman Laverty and Gail Wylie

Wilmot's Web Site

On Sunday, September 30, 2012, Wilmot's web site at wilmotuc.nb.ca will be updated with a new look: lighter, leaner, brighter and with a new navigation system. Most of the familiar information you are used to seeing is still there, along with potential new pages that will be added from time to time - including the web version of *Words from Wilmot* (in colour).

Please check often, as the web site is updated at least once a week, and on a daily basis during some seasons.

If you have suggestions as to what might be added to the web site, get in touch with the web site administrator, Garth Caseley, at garth@caseley.net.

United Church Women

The **UCW Fall Rummage Sale** is on October 12 and 13. Please remember us when cleaning out closets and basements. Donations can be left on the stage in the gymnasium during regular church hours.

Deadline for the **Helen A. Young Memorial Scholarship** is October 26. Applicants must be currently enrolled in a post-secondary learning institution, i.e. university, community college, trade school, etc. Applications are available at the church office.

We will be taking **orders for pies** after church in October, watch for announcements! Pies will be prepared on November 1.

Our annual **Bake Sale and New-To-You Sale** will take place on Friday, November 30. Drop off for donations will be on Thursday, November 29. We will be in contact with all families of the congregation with a reminder.

Our **meetings for the fall** will be held on Monday night, September 17, October 8 and November 12, at 6:30 pm in the church parlour. All ladies of the congregation are invited for an evening of worship, planning and most importantly, a cup of tea!

Upcoming Congregational Events

Wilmot Biennial Auction is coming on Saturday, November 17. Watch for further information in the weekly bulletins, and photos and descriptors of items for sale on our web site at wilmotuc.nb.ca – click on AUCTION.

A Spiritual Retreat in Brazil

Psalm 121 “I will lift up mine eyes unto the hills...”

My favourite place at the spiritual and healing centre The Casa de Dom Inacio de Loyola is the covered deck that looks out over the hills around Abadiania (pronounced “ah bah JAHN yah”), a small town an hour and a half southwest of Brasilia, in central Brazil.

The Casa is the home of John of God, a Brazilian healer. Is he a con man? No. Is it faith healing? No. But faith probably helps. Is it worth going? Yes, definitely, if you’re interested in spiritual growth, or you want to decide what to do with your life, or if you need healing and the medical system hasn’t been able to help.

I went because I’m not sure what I should be doing in the next stage of my life. I had seen a magazine article by Emma Bragdon, PhD, about John of God, and he was visiting the Omega Institute in Rhinebeck, NY, so I wanted to check it out. It’s a lovely place, and it was worthwhile, but not as spiritual as I expected. However, people there told me The Casa was a more powerful experience, so I went to The Casa in Brazil. And this time it was profound. God’s presence is strong there. My husband and I had such a wonderful visit that we’re going again in October. We’re in our 60’s and will be retiring soon, so we’d like to spend some time there volunteering.

The atmosphere is joyful and peaceful. That’s at least partly because everyone is encouraged to focus on the positive, and spend a lot of time in silent prayer. People are kind and caring. Some are very ill, often with cancer, yet they’re almost always smiling. And as Dr. Mehmet Oz said after seeing some evidence of surprising cures, including the brain scans of a patient with an inoperable brain tumour, before, during, and after visits to The Casa, showing that the tumour was gone: “Something very good



seems to be happening here; we should study it, find out what’s going on and why, and use it.” Some research has been done; much more needs to be done. The Casa cooperates with research, but their focus is on service.

They are ecumenical. A Christian and Catholic influence is obvious because of the paintings and other works of art have been donated, and most Brazilians are Catholic. John of God (Joao – pronounced with a French “J” as “JOO ow”) is about 70 years old, and has been “healing” others since he was 16, although he always reminds people that he has never actually healed anyone, because only God heals. Joao knows that some people say this must be a scam, but he shrugs and says if it were a scam, he would have been stopped within 2 or 3 years; but he’s been doing this for more than 50 years. There is no charge for healing because healing comes from God. Joao has always made a living at other things, such as ranching and mining, and was a tailor in the military for many years. He volunteers at The Casa 3 days a week, Wednesday, Thursday, and Friday; he frequently travels to other parts of Brazil on weekends to see those who can’t come to him, and all of these sessions are free. When he visits other parts of the world – he’ll be in Toronto in March - event organizers do charge to cover expenses. Visiting The Casa is free. There is a small donation box there, but no one is ever asked for a donation. Vegetable soup is made and served by volunteers free of charge. A food bank has been established for the local people. There is a charge for two treatments that are often used by Europeans and North Americans, but even those are free to anyone who can’t afford them.

A snack bar and book/gift shop also provide income. They have about 30 employees, and many more volunteers.

Almost everything at The Casa is in Portuguese, and there are many rules and procedures in order to manage the 2000 or so at each session. Information can be found at friendsofthecasa.info and abadianiportal.com, as there is no official Casa website.

Let's get back to the basic question: what is going on here? It is not considered faith healing because people without faith have been healed – e.g., those who come simply to accompany a friend or relative. It is thought to be guidance and healing from God, through spirits. As to whether that is possible, there is significant evidence that mind and consciousness survive the death of the body, which would be evidence of “spirits”. Read *There is Life After Death* [2011] by Tom Harpur (Rhodes Scholar, Anglican priest, former professor of New Testament and New Testament Greek at the University of Toronto) for a discussion. Of course the evidence is not conclusive, but it should not be dismissed, either.

For further reading, one book he recommends is *The Spiritual Brain* [2007] by Montreal neuroscientist Mario Beauregard and Denyse O’Leary. They look at both sides of the materialist (the brain accounts for the mind) vs. nonmaterialist (the mind is greater than the brain) debate in neuroscience, and conclude that the evidence better supports the nonmaterialist view: e.g., the placebo effect (the belief that something will work): it is demonstrably real, the mind changes the brain and the body, the mind is greater than the brain. Placebos help many illnesses, but they rarely shrink cancerous tumors (p. 144). The placebo effect may account for some of the healing at The Casa, but that remains to be studied.

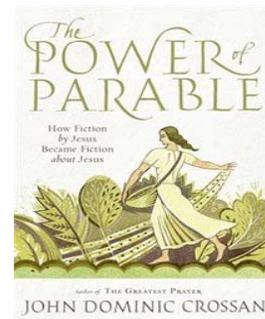
Another explanation: religious, spiritual, or mystical experiences (RSMEs) improve health. Popular media promote the view that there is a “God spot” or “God module” in the temporal lobes of the brain that can be stimulated to produce RSMEs, that the brain is the source of the experience. On the contrary, the book presents much evidence that what is experienced in these cases is qualitatively very different from an RSME, that it is reasonable to believe that the source of an RSME is outside the brain, and that RSMEs improve health. Again, the research is not conclusive.

Many people have been helped to find insight and healing at The Casa. We can “agree to disagree” on why.

☺ Heather Weldon

Seekers Group

Wilmot Seekers are studying the book *The Power of Parable* by John Dominic Crossan this fall, with sessions beginning on Thursday, October 11 at 4:00 pm. Everyone is welcome and new members are encouraged to attend. This group spends a thoughtful time with theological issues and there is a comfortable atmosphere where everyone’s opinions are respected.



“In The Power of Parable, Crossan examines Jesus’ parables and identifies what he calls the ‘challenge parable’ as Jesus’ chosen teaching tool for gently urging his followers to probe, question and debate the ideological absolutes of religious faith and the presuppositions of social, political, and economic traditions.”

☺ Lucille Caseley

Spiffing Up Wilmot

Board of Trustees

2012 has been an active year for carrying out capital maintenance projects on the church building and the Dr. G. M. Young Memorial Hall. Beyond the unseen items, such as furnace repairs, roof and drain repairs to the high roof over the gymnasium, and expenditures to implement our space-sharing plans, the Trustees have undertaken the replacement of rotten exterior wood, then a mid-cycle touch-up painting of the bottom 12' of the sanctuary exterior as well as the entrances and doors, to buy time until the next full cycle of painting begins in 2016. New carpet has been installed on the steps of the front entry on Carleton Street.

The King St. (staff) parking lot has had badly needed pavement repairs done, and the parking lot lines are about to be repainted. Randy has done his usual floor waxing; the sanctuary carpets have been shampooed, and the sanctuary main and balcony levels and the choir loft have been dusted.

Inside, the electric latch system with video intercom has been installed so that the exterior hall doors can be unlocked from the office or supervisors' station. Terrazzo tile floor repairs at the Carleton St. entry to the hall will be complete by the time this is read. This was a safety item. Two new sinks for small washrooms have been ordered; these have been needed for years!

As this article is being prepared, the Choir Memorial Stained Glass Window is about to be delivered, with installation soon to follow. Also just ahead is a major expenditure to replace a portion of the roof of the Dr. G. M. Young Memorial Hall, the part along King St. over the board room, choir room, lavatories and stairwell. This roof has completely failed, and replacement is mandatory, at a cost of over \$36,700.

Much of this work is made possible by the regular donations of envelope holders and PAR donors to the Capital Maintenance Fund, the third line on the weekly offering envelopes. Just under half of the donors to Wilmot provide support for this fund. The Wilmot UCW group supports selected projects each year as well.

In addition to the regular capital maintenance projects, we have a partner who willingly supports projects not easily carried out by the congregation from available funds. Yet again, the Trustees express gratitude on behalf of the congregation to Doreen Estey of Baie d'Urfe QC. Her most recent projects were to provide two CD recorders for the Walter Beairsto Memorial Service Recording Ministry of Wilmot Church, and the refinishing or refurbishing of wood items at the front of the sanctuary. These include the railings in front of the choir, the platform front, the large communion table, the original communion table, the baptismal font, the two wooden chairs, the flower stand, and the two offering tables. While not particularly noticeable without a close-up view, the work was badly needed and the new appearance, made possible through Doreen's generosity, further beautifies our sanctuary.

In addition, the ordering of the long-awaited Choir Memorial Window, mentioned above, was made possible by Doreen's willingness to supplement the special fund designated for the window.

Keeping up a building dating from 1852 and 1965 is a challenge, as you can understand, and gratitude is extended to all who see our building as a valuable resource, enabling our programs to continue.

Big Brother Big Sisters (BBBS)



A Big Wilmot Welcome to our new Friends.

On October 1, 2012 Wilmot United Church will enter into a new relationship and partnership with Big Brothers Big Sisters (BBBS) of Fredericton and Oromocto. BBBS will be moving from their quarters in the Victoria Health Centre to space in Wilmot Hall. They will use 3 former classrooms for their offices and will have use of the old "Boy Scout" room for their secure storage area. The rooms that they are using are beside the Parish Nurse room. The door leading into Wilmot Hall from King Street will be the entrance used by BBBS and you will soon see their sign on the lawn next to the ministers parking area. Visitors and clients of BBBS will be greeted at their entrance after first ringing their buzzer at the door.

The Sunday School will use the Wilmot Hall rooms on the Queen Street side. The BBBS lease is for three years for \$600 a month. At the end of one year, this rent can be adjusted if there proves to be additional costs. Except for the members of the staff, people will come in by appointment, so there will be little street traffic. Elsewhere in Words From Wilmot, you will see a poem by Lucille Caseley about the cleaning up that the volunteers accomplished to prepare for BBBS.

This partnership between Big Brothers Big Sisters and Wilmot Church is new for Wilmot congregation and has happened after a vote of the congregation in June of this year. It is an exciting partnership for both parties as Wilmoters share the vision of BBBS of supporting one's local community. The mandate of BBBS is to ensure that every child in

our community who needs a mentor has a mentor. Much like Wilmot United Church, BBBS aims to provide a needed service to the community in an open and caring environment.

On Sunday, October 21 there will be a Wilmot Open House at the new Big Brothers Big Sisters offices. BBBS staff will be there to meet the church members after the Sunday service and the offices will be open for you to peek in. Rev. Ellen Beirsto, who incidentally was the first field worker in Fredericton for BBBS many years ago, will offer a special children's story during the service. At coffee you can expect a celebratory cake to officially welcome our new partners.

☺ Pam Campbell and Nancy Bauer

Voucher Program

We've started another year of providing vouchers to the less fortunate members of the Fredericton Community. These vouchers are primarily provided for food, the amount depending upon the needs and circumstances of the individual. This year we will have the services of social work students, community nurses and dieticians to assist the clients. This program is supported through your donations to the Benevolent Fund, however, we are also in need of volunteers who are available on a rotating basis. If you are interested in volunteering one Wednesday morning a month you can leave your name with me at reetie2012@gmail.com or at 366-3100. If you can't donate your time we can always use donations of cookies or sweets for the refreshment table which is provided every Wednesday morning for our clients. If you would like to know more about this program, please feel to give me a call or drop me an e-mail.

Thank you for your support,

☺ Rita Roach

Interchurch Refugee Committee

We Welcome Them Interchurch Refugee Committee

The United Church has always worked with and for refugees and immigrants. It is a sponsorship Agreement Holder with Immigration Canada. The United Church assumes full responsibility for the sponsorships undertaken by congregations and will support these congregations throughout the process. As a church, all of us are legally, ethically, and spiritually accountable for our treatment of refugees. (<http://www.united-church.ca/humanrights/refugees/overview>)

The United Church handbook, "And You Also Welcomed Me" 2004, outlines the process for sponsorship and is available online.

The Interchurch Refugee Committee in Fredericton has representation of three United Churches: Forest Hill, St. Paul's, and Wilmot. Elaine Kenyon, Norman Laverty, America Laverty and Maggie Clark serve as Wilmot's representatives on the committee. We co-sponsor with relatives or friends of refugees who come to us to ask for assistance, and we have also been involved with joint sponsorship with Immigration Canada with refugees identified as women at risk. As a sponsoring group we work with the United Church Refugee Program staff throughout the application process and the sponsorship year, work with Citizenship Immigration Canada (CIC) during the application process, prepare to receive the refugee(s), and provide support for them during their first year in Canada.

Our interchurch refugee committee has its roots in the early 1980's when the boat people from Vietnam were coming to Canada as refugees. At this time there were families welcomed and supported by both Wilmot and St. Paul's congregations.

Since that time there have been many families that we have supported from many countries including Guatemala, El Salvador, Sudan, Somalia, Ethiopia, and Bosnia.

This summer the Interchurch Refugee Committee on behalf of Wilmot, St. Paul's, and Forest Hill United Churches welcomed two Iraqi refugee families that arrived from Syria. One of the families with two children, a girl 19 and a boy 14, had been living in Syria for three years. The second family with three children, girl 19 and two boys 16 and 18, are expecting a baby this fall. They had been living in Syria for nine years. The girls are attending UNB, and the boys are at FHS. The adults from both families are in English Language classes at the Multicultural Association. Both families expressed their delight at being in Fredericton, its beauty, peacefulness and many trees! They are so appreciative of all the donations and support that has been given to them since their arrival. They are settled in apartments in the vicinity of shopping, schools, the hospital, and on the bus route. This fall there will be a time planned for the congregations to meet the new families.

As a committee we would like to express our appreciation of the support that you give us each time we come for support assistance in the resettlement process of newcomers to our community.

☺ Elaine Kenyon

Interview with Carolyn Holyoke

Sitting in the kitchen of the cheerful New Maryland home Carolyn Holyoke shares with partner Rick Patterson, we sip on mint tea and enjoy a slice of strawberry rhubarb pie while we talk about the life that has taken her from the big white farmhouse on Holyoke Road in Keswick Ridge where she grew up with two brothers and a sister, to the present-day where the word retirement is misleading. It is filled with everything that has to do with Carolyn's passion, music. "Music is central to my life," she says. "I love all kinds of music and I am always looking for harmony, my ear goes directly to the harmony and that is what fascinates me most about music."

Her musical roots began in childhood when cousins came to visit and the farmhouse was filled with music and singing. "Music was on both sides of the family," Carolyn says. "At the age of nine or ten my parents suggested I take piano lessons. We did not have a piano, so I had to go to a neighbour's house to practice. I never had to be told to practice, I loved it. Finally, when I proved to my parents that I was going to keep playing, they bought a piano, which was a sacrifice for a farm family. I started with teachers in the neighbourhood, and then eventually my parents drove me all the way to what seemed like the big city, Fredericton, for lessons which was not a small thing back then. I am grateful for the support my parents gave me. I played in the music festival, studied theory and took my Royal Conservatory exams. Music has always been a big part of me and I am involved in some way with music every day."

Carolyn earned her degree in Education from UNB with a concentration in music, attended summer music camps at Mount Allison University and studied at the graduate level at Western University. In all, Carolyn taught music in the public



school system for thirty-two years. Over the duration of her professional career, Carolyn taught music to every grade from elementary to high school, worked as an itinerant music teacher travelling from school to school, taught music and band at Albert Street School and was involved in setting up the music department and coordinating the Fine Arts Department when Leo Hayes High School was newly built. "I can't go anywhere without bumping into former students," she says. "I have watched a lot of them grow up and continue on with music. I remember David Myles when he was in the George Street band. Music teachers from the various schools would bring the students together, and we would go on school trips, competing locally, provincially and regionally. Former students expect me to remember them, and I usually do, although not always what specific year I taught them. What surprises me the most is that I still have my hearing. For several years I taught music in a mobile unit, sometimes with up to fifty kids practicing their band instruments!" Along the way she has learned to play not only piano, but become functional on all of the band instruments, trumpet, trombone, flute, percussion as well as violin. She also played bagpipes

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and more recently she has been concentrating on the piano accordion. This stems from her enduring interest in Celtic music. Her next goal is to learn to play the button accordion. She loves the challenge of learning to play a new instrument.

Many may know Carolyn from having seen her perform with the Fredericton Celtic Fiddlers, the Fredericton Pipe Band, the Elm City Echoes, the folk group Oran, in Solstice Productions and with the Celtic band Brollachan, or closer to home, in the Wilmot Church choir where she sings alto. When I asked what it is like to be up in the choir loft she falls silent for a few seconds, unable to find the words. "Wilmot has very fine acoustics, it is a beautiful space. I love the stained glass windows, the reds and blues, the dark wood and of course the pipe organ. The church just surrounds you. It is rich and ornate. The whole experience is indescribable, really. When the melody and the harmony come together it is a wonderful experience. We are so fortunate to have Steven and Virginia at Wilmot, and I think it is great that Wilmot opens its doors to the public for musical events. Music is uplifting, celebratory and it connects people. It brings people together and it is calming."

I ask Carolyn if it is ever too late to become involved in music. "No, not if you have the interest. It is never too late. Music is good for memory and concentration; listening for keys, key changes and chord progressions. And of course reading music also helps with all of that. It does help to have had the fundamentals, but there are many ways to be involved in music."

Enjoying a concert is one of the ways, and Carolyn is currently organizing a musical event featuring Derrick Paul Miller, Steven Peacock and the Frederic-

ton Male Chorus. The concert is scheduled for November 24th at Wilmot, an event no one will want to miss and an important fundraiser for our church community.

Carolyn is involved in several other projects. She likes to accompany other musicians and compose. She has played with Kathleen Gorey-McSorley for four years and they have travelled to Ireland and the United States, and all over the Maritimes. If Carolyn could think of one highlight from her musical career she says it would have to be performing at the Nova Scotia Tattoo this year. She played ten concerts with six thousand people in attendance at each one. The most memorable and perhaps the most nerve-wracking part of this experience was being the solo instrumentalist when she accompanied the choir on her accordion. She proudly shows me the glossy program from the event which brings back wonderful memories.

What excites Carolyn is arranging music, creating chord progressions and thinking about new ways to be involved in music. "I am always looking ahead," she says. This enthusiasm has her working on two new projects; writing a children's Christmas carol for Oromocto youth choir, Lintuhtine to be performed this year, and a project which is perhaps the most exciting of all, recording a CD of her own arrangements and compositions of traditional/folk music. It will feature some other musicians as well, including Kathleen Gorey-McSorley and Matilda Murdock, a ninety-one year old recipient of the Order of Canada from the Miramichi who is a treasure-trove of traditional music. Part of the excitement of being involved in music is preserving it for future generations. Music must be kept alive or it can be lost. She has also enjoyed attending workshops in Ireland where the traditional is combined with modern in new refreshing ways. "I love all types of music, and I lis-

ten to a variety of genres, always thinking about how I can incorporate them.”

As we eat the last of our pie, I ask Carolyn if she could briefly describe what music has brought to her life. She shared a story which sums it up nicely. Recently, she took a two week vacation which would not involve music, and a friend asked her, “Carolyn, how will you ever survive without your music?” “I thought I would be fine,” she says, “but something was missing.”

There is not enough room here to share all of Carolyn’s accomplishments. A testament to the contribution she has made to music locally and provincially was the recent recognition she received when she was presented with the Diane London award, given annually to a local musician, artist or arts-related woman with creative spirit and talent who shares their gift. We are so fortunate that Carolyn shares her gift with the Wilmot Community, and her pie!

© Kathie Goggin

Atlantic Jubilee Program in Spiritual Deepening and Spiritual Guidance

New Cycle will begin in June 2013. Application deadline is March 31, 2013.

This is an intensive home-based program for people of diverse spiritual backgrounds who seek to follow a contemplative way of life, and for those who wish to discern more clearly the gift and practice of spiritual guidance with others. The program has emerged out of a renewed appreciation for the Christian Contemplative Tradition as well as the learning of practices and teachings related to other spiritual traditions.

The full program (Track 1: Spiritual Deepening, and Track II: Spiritual Guidance) covers 28 months of reading, spiritual practice, individual retreats, group work, and reflection papers, as well as three residencies of 7-8 days each, held at the Tatamagouche Centre. Participants may register for the first track of the program, that of

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Sounds of the Seasons

Saturday, November 24

After a successful fundraising concert last year featuring Derrick Paul Miller, he is back again along with Carolyn Holyoke and Steven Peacock on Saturday, November 24, 7:30 pm at Wilmot United Church. It will be an evening filled with a variety of songs and instrumental music that will be sure to get you in the spirit of the season. These musicians will be joined by the Fredericton Male Chorus, and Dianne Roxborough Brown. Tickets will be available from the church office on October 15.

WE'RE ON THE WEB
AT
WILMOTUC.NB.CA
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can also be read
on line on our
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ask your Elder.

WILMOT CHURCH HOUSECLEANING

The last week of August two thousand and twelve
Some brave folks gathered to dig and to delve
In the many rooms of Wilmot to air out the space
To sift and to sort and clean up the place
There were pieces of carpet and a tent for the Cubs
Some pool cues and pop bottles and galvanized tubs
Christmas trees dismantled with stars for the top
A hammer and saw for a carpenter's shop
A suitcase of clothes someone found were too small
A desk without legs sitting out in the hall
There were scissors and crayons and bottles of glue
Sunday School attendance sheets back to 1492
There were puzzles without pieces, needles and pins
There were playing cards and games that nobody
wins
A stack of many bibles with pages askew
Greeting cards and markers, some old and some new
Enough baseball caps to fit out a team
Some yarn and some thread for sewing a seam
A big bunch of candles burned down in the wicks
Some dishtowels and rags and chipped candlesticks
There were stickers, elastics, gift bags and bows
Some underwear and socks and new baby clothes
A rickety old flipchart and bricks in a stack
And boxes of books to break a mover's back
There were frames with photos in sepia shade
Whose dignified moustaches had dust overlaid
Some chairs that looked like they'd gone through the
mill
And curtains that were definitely "over the hill"
There were badges for Scouts and rope tied in knots
Banners and wreaths, of décor there was lots
There were cupboards to move and raggedy mats
Tennis balls, soccer balls, racquets and bats
There were halos for angels and wings for their backs
Tiles for the floor and cement for the cracks
There was paint for the walls in cans half full
Dirty glasses and mugs and knives that were dull
Stale cookies in tins, food cans without labels
Dividers to move and great heavy tables
Chalk boards and chalk and tackboards for tacks
Rulers and dictionaries, encyclopaedias for facts
Mirrors and cushions and television screens
Rocks painted pretty and National Geographic maga-
zines
There was holly and mistletoe and garlands and balls
Odd mittens and gloves and painter's overalls
There were cartons of hangers in a-tangle and tumble
Enough to provoke a true saint to grumble
Rod brought a truck and Randy brought muscle
They heaved and they threw with many a tussle
At the end of two days we knew we would win
We left dear old Wilmot as neat as a pin. Amen

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August 2012

Christians Throwing Stones!



An enthusiastic group of Wilmot members and friends braved the winter storm to curl at Capital Winter Club, Feb. 11, 2012.

(From the better later than never department. Our apologies for not having enough room in our last edition.)

Atlantic Jubilee Program in Spiritual Deepening and Spirit- ual Guidance continued:

Spiritual Deepening, which takes place during the first 14 months, or may indicate an interest in the full program.

For more information please go to the following link to access the Enquirers Packet which offers full program descriptions and application information <https://www.tatacentre.ca/index.php/partnerships/ajp>

